**Vieillissement : Tours, contours and perspectives 12-13 sept. 2019**

ABSTRACT SUBMISSION (please send by email to vtcp2019@gmail.com)

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**Type of communication**:

🞎 Oral 🞎 Poster

**Topic for the classification of oral or poster sessions**

🞎 1- Optimization of cognitive functions, strategies and ageing

🞎 2- Ageing and quality of life

🞎 3- Innovative practices and ageing

🞎 4- Physical activities for an optimal ageing

🞎 5- Food and ageing

🞎 6- Emotions and ageing

🞎 7- Themes of opening conferences

1. Ageing and Sociology
2. Ageing and Autism

Abstract (≤300 words) - Times New Roman 12, single-spaced - 4 keywords